**Farha Z. Abbasi, MD**

Department of Psychiatry

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**Positions**

Michigan State University

* Psychiatrist
* Clinical Assistant Professor
* Chair, City of Lansing Mayor’s Mental Health Task Force
* Advisory Committee - Muslim Studies Program 2016-2018
* Managing Editor - Journal of Muslim Mental Health
* Founder/Director - Muslim Mental Health Conference and Consortium
* Advisor Islamic Medical Student Association-College of Osteopathic Medicine

**Employment History**

2020-ongoing Trusteeship, American Institute of Pakistan Studies (AIPS)

2020-ongoing Member, Crisis Response Task Force for Steve Fund Mental Health Task Force

2020-ongoing Bylaws Review Committee of the College of Human Medicine, Michigan State University

2019-2020 Director, Geropsychiatric Evaluation and Management Services (GEMS) Unit McLaren Hospital

2019 Serve on committee for 5 year Psychiatry Chair review

2018-ongoing Vice Chair, College Advisory Council

College of Human Medicine, Michigan State University

2018 Serve on committee for 5 year Psychiatry Chair review

2018-2020 Committee on Minority Mental Health, American Psychiatric Association

2014-Ongoing Member, Diversity Committee for College of Osteopathic

Medicine, Michigan State University

2012-Ongoing Core Faculty, Muslim Studies Program

2014-Ongoing Core Faculty, Asian Studies Center

2015-Ongoing Core Faculty, Center for Gender in Global Context

2013-2016 Core Faculty- Institute of International Health

2012- Ongoing Michigan State University-Psychiatry Department

2010- 2018 Staff Psychiatrist - Olin Health Center

2005 Observership, Internal Medicine and Psychiatry

Michigan State University, East Lansing, MI

1992-2000 Internist, Abbasi Medical and Surgical Hospital

Hyderabad, Pakistan

1990 – 1992 Internist, Faisal General Medical Clinic

Karachi, Pakistan

1990 – 1991 Medical Intern, Liaquat Medical College Eye Hospital

Hyderabad, Pakistan

1989 – 1990 Medical Intern, Radiology Internship, Liaquat Medical College

Hyderabad, Pakistan

**Medical Education**

2016-ongoing Michigan State University, Master of Public Health

2006-2010 Michigan State University Psychiatry Residency Program

1983-1989 M.B.B.S. (Bachelor of Medicine, Bachelor of Surgery)

Liaquat Medical College, Hyderabad, Pakistan

**Licensing Examinations**

April 2014 Diplomat of Neurology and Psychiatry

May 2011 ABPN–written

June 2010 USMLE Step3

January 2005 CSA

January 2005 USMLE Step 2

April 2004 USMLE Step 1

**Honors and Awards**

2021 Inspiration Award winner, Community Engagement category, Michigan State University Center for Gender in Global Context

2020 Mayor's Town Hero Award (Lansing MI)

2018 Honoree, National Alliance of Mentally Ill

2017 American Psychiatric Foundation Award

Promoting Minority Mental Health

2017 Globie Award Winner, MSU Office for International Students and Scholars ([LINK](https://youtu.be/CPy2SdXZ3TQ))

2015 Community Service Award by All Pakistanis Physician of North America

2015 Community service Award by Pakistan Women Association of Michigan

2014 50th Anniversary Sister City Commission

Distinguished citizen diplomat panelist on Global Diplomatic Round Table, topics included issues and challenges facing our world

2013 Town Hero Award: Excellence in Diversity and Years of Improving Mental Health

2013 Greater Awareness through Education Award

2013 EIDA –Excellence in Diversity Award ([LINK](https://youtu.be/NAi-QkjmBTw))

2011 Presentation of Plaque by Lansing City Council

Appreciation and recognition by Mayor of Lansing

2008 American Psychiatric Association Fellowship,

SAMSHA FELLOW

2008 American Psychiatric Association Award

MPS, Ritz-Carlton, Dearborn, MI

**Invited Lectures and Presentations**

2021 Speaker, Cultural Proficiency Conference, Mental Health and Recovery Services

Board of Lucas County, Ohio

2021 Opening Keynote, University of Michigan Depression at College Campus Conference

2021 Speaker, Mental Health for Michigan State University’s Chapter of the American Chemical Society

2021 Speaker, Refugee Mental Health for Emmanuel Foundation, Refugee Outreach Collective

2021 Speaker, Suicide presentation for Michigan Center for Rural Health Psychiatry Grand Rounds

2021 Panelist, Webinar, “Supporting Mental Health and Well-Being of College Students of Color,” Steve Fund

2021 Panelist, Webinar, MSU COM Diversity Week - Religions, Traditions & Healthcare

2021 Speaker, “Understanding and Assessing Behavior Through Various Methods,” National University of Science and Technology (NUST-Pakistan)

2021 Speaker, “To be or not to be a Psychiatrist, that is the Question?” PsychSIGN Region 4 Conference

2021 Speaker, Grand Rounds Presentation, “Cultural Competency,” Central Michigan University College of Medicine

2020 Panelist, Webinar, “Faith and Feminism,” MSU’s Women Council & Hillel Center

2020 Speaker, “Ableism and Islam - Mental Health, IIlness and Disability,” Islamic Medical Association of Mid Michigan

2020 Panelist, Webinar, “Building Healthy Communities: Michigan Medical & Religious Partnerships | Lifegiving Donation & Transplantation,” Eversight and the Muslim Life Planning Institute (MLPI)

2020 Speaker, Webinar, “Immigration impact on mental health or minorities and health disparities,” Michigan State University Statewide Psychiatry Educational Day

2020 Speaker, Webinar, “Faith and Mental Health: How Religion and Spirituality affects our resilience and wellness,” IMANA Education ([LINK](https://youtu.be/AsTyGewDMUo))

2020 Panelist, Webinar, “Preventing Domestic Violence,” University of the Punjab ([LINK](https://www.facebook.com/watch/live/?v=939681669888348&ref=watch_permalink))

2020 Opening Remarks, Webinar, “Building Healthy Communities Through Vision,” Ideation Lab and Muslim Life Planning Institute

2020 Panelist, Webinar, “Faith and Mental Health: Role of religion/spirituality in our resilience and wellness,” Universitas Islam Malang (UNISMA Malang), and Universitas Negeri Makassar (UNM) (Indonesia) ([LINK](https://youtu.be/hPhU-BllQLs))

2020 Speaker, Webinar, “Mental Health and COVID-19 ZOOM TALK # 8,” Zoom talks with Faizan Shafique ([LINK](https://youtu.be/qXKXddQf6zs))

2020 Panelist, Diversity + Allyship Webinar, Michigan State University CHAARG, Diversity and Inclusion Committee ([LINK](https://youtu.be/tN_L6uGBHjo))

2020 Panelist, “Suicidal Prevention: The Role of Parents”, Association of Muslima in Nurture and Advocacy, University of Putra Malaysia ([LINK](https://youtu.be/3VAnmekemvQ))

2020 Panelist, Pathways to Hope Virtual Conference, “Mental Health and Minority Populations,” NAMI San Antonio

2020 Speaker, Webinar, "Mental Health Stigma - Navigating Awareness, Acceptance, and Access", IMANA Education ([LINK](https://youtu.be/wqCvW3xIdlk))

2020 Speaker, Webinar, "How to be Mentally & Physically Healthy during COVID-19", Pakistani Association of Lansing ([LINK](https://youtu.be/CzinSOO-aRQ))

2020 Speaker, “Freedom of Choice,” Allatra TV North America ([LINK](https://youtu.be/qAt-baCj20Y))

2020 Panelist, “Mental Health Impact of the COVID-19 Pandemic,” Podcast, Meadows Behavioral Healthcare ([LINK](https://youtu.be/I6WFdEp1cPc))

2020 Speaker, Webinar on “How to be Authentic You", Healthy Lifestyle Journey Podcast ([LINK](https://www.facebook.com/watch/live/?v=618292869061879))

2020 Speaker, “Removing Stigma of Seeking Mental Health Services,” AllatraUnites Creative Societies ([LINK](https://www.facebook.com/allatraunites.en/videos/300282244714555/?v=300282244714555))

2020 Panelist, “Taking on ‘The Perfect Storm’: Faith-Based Organizations and Partnerships Address COVID-19 and Critical Behavioral Health Needs in Communities of Color,” National Network to Eliminate Disparities in Behavioral Health ([LINK](https://youtu.be/puAWYw92vIE))

2020 Organizer and Discussant, 12th Muslim Mental Health Conference, Michigan State University, Khalil Center and the Institute of Muslim Mental Health ([LINK](https://youtu.be/gigae6-bY9M))

2020 Panelist, International Conference Creative Society, “A World Without Violence” ([LINK](https://youtu.be/FJVydQNUWX8))

2020 Speaker, US Dept of Health & Human Services, The Center for Faith and Opportunity Initiatives (Partnership Center), “Mental Health in a Time of COVID-19 Webinar Series, Part 3: Task Shifting to Address Increasing Challenges” ([LINK](https://youtu.be/-WO90mK0YDY))

2020 Speaker, Webinar, Jordan’s Medical Students, “Mental Health and Coping Amidst the COVID-19 Pandemic”

2020 Speaker, Association of Muslima in Nurture and Advocacy, University of Putra Malaysia, “Navigating Mental Health During the COVID-19 Pandemic” webinar ([LINK](https://youtu.be/E1ve_coRi04))

2020 Speaker, Pakistan’s COVID-19 Mental Health Hotline Volunteers, “Our Mental Health and COVID-19” webinar

2020 Speaker, East Lansing Islamic Center-Strong Muslim Series, “Ramadan and COVID-19” webinar ([LINK](https://youtu.be/0U-peq9XSkc) )

2020 Speaker, MSU Muslim Studies Program, “Ramadan and COVID-19: MSU Faculty Answer Your Questions” webinar ([LINK](https://youtu.be/5j9VzgNRBaw))

2020 Speaker, Aalia Network, “Maintaining Clarity and Wellness During Crisis” webinar ([LINK](https://vimeo.com/406082670))

2020 Speaker, Aalia Network and New York' Office of Mental Health, “COVID-19 OMH Emotional Support Line - MLPI Supports Mental Wellness” webinar ([LINK](https://vimeo.com/402442940))

2020 Speaker, Aalia Network, “Managing Mental Health During Turbulent Times” webinar ([LINK](https://vimeo.com/401438295))

2020 Speaker, EuroHealthNet, Brussles, Belgium, “Ramadan and COVID-19” webinar

2020 Speaker, Muslim Student Association, Michigan State University, “Healthy Relationships”

2020 Speaker, South Asian Awareness Network Conference, University of

Michigan

2020 Speaker, Active Citizens Program and Beyond, Dawood University, Karachi, Sindh, Pakistan, “Impact of Exposure to Persistent Stress on Professional Performance”

Michigan

2019 Panelist for Film Screenings & Discussion of "American Muslim" and

"The Sinkhole", Michigan State University Muslim Studies Program

2019 Panelist, The Role of Religion and Spirituality in Mental Health,

Washington DC, Stevefund.org

2019 Lecture, Biology Interest club

2019 Cultural Competency ASK1 lecture, MSU College of Human Medicine

2019 Lecture for International Student Retreat- Kellogg Biological Center

2019 Cultural Psychiatry Seminar-Psychiatry residency

2019 OST 577 Psychopathology lecture, College of Osteopathic Medicine

2019 Convenor, Global Muslim Mental Health Conference at Cambridge College, UK

2019 Presented at Annual Psychiatric Conference in San Francisco

2019 Participated in filming the movie *On Stigma*

2019 Presenter, 12th Annual Muslim Studies Program Conference, “Islamophobia and It’s Impact on Education in the US and Europe”

2019 Convenor, 11th Muslim Mental Health Conference, Phoenix, Arizona ([LINK](https://youtu.be/RUot_sRPlgM))

2019 Panelist, “Coping with Grief & Trauma” Webinar, American Muslim Health Professionals ([LINK](https://youtu.be/rbooEBS8rVw))

2019 Lecture for Islamic Medical Association in Flint, Michigan

2019 Presentation for Muslim Student Association at University of Michigan

2019 Panelist, Symposium for American Academy for Advancement of Science, “The

Biology of Resilience: How Science and Faith Work Together” ([LINK](https://youtu.be/uPa4DbjfaBo))

2018 Cultural competency lecture for College of Human Medicine

2018 Cultural Psychiatry Seminar series – Psychiatry residence

2018 Lecture for Human and Child Development

2018 Keynote speaker, International Muslim Mental Health Conference, Jordan

2018 Speaker, Embrace the Rain, Student Health Advisory Council, Michigan State University

2018 Speaker, Expert Panel:“The Role of the Faith-Based Community as Bridge

Builders to the Treatment Community for People with SMI.” Center for Faith and Opportunity Initiatives, U.S. Department of Health and Human Services

2018 Panelist, “Race, Religion and Immigration in America Today” Michigan State University Muslim Studies Program ([LINK](https://youtu.be/v_zS1kGZJgw))

2018 Speaker, Islamic Scholars of North America

2018 Speaker, Muslim Cultural Competency training

Barry-Eaton District Health Department

2018 Keynote, First Global Muslim Mental Health Conference

University of Putra, Malaysia

2018 Speaker, Qiyam for Muslim Youth, Islamic Center of Greater Lansing

2018 Presenter, Caucus on Academic Psychiatry

Annual American Psychiatric Association

2018 Speaker, South Asian Women Association Annual Dinner

2018 Speaker, Women’s retreat for Swedenborgian Church of North America

“Women in Islam”

2018 Speaker, Linking All Types of Teachers to International Cross-Cultural

Education, *Amal Unbound* by Aisha Saeed book club discussion

2018 Speaker, MSU Community Club Board Spring Luncheon

2018 Delegate at Pakistan Convocation-Hosted by Ambassador of Pakistan-USA

“Connecting the Dots”

2018 Lecture series “Understanding the Unimaginable: A conversation on

Global Refugee Crises”

2018 Convenor, 10th Annual Muslim Mental Health Conference held at Institute of Peace, Washington DC ([LINK](https://youtu.be/D5GijPQFTkk)) ([LINK](https://youtu.be/UMvFDN1PjSQ))

2018 Delegate, Interfaith Retreat for Hope, Life and Faith Network

Saddleback Church, California

2017 Brown bag series- MSU Conflict, Terrorism and Development

Collaboratory, “Redefining Angst: Understanding Psychological Trauma

and its Impact on Mental Health”

2017 Presenter, Interfaith Anti-Bullying Summit in DC, Hosted by American Muslims Health Professionals

2017 Convenor, 9th Annual Muslim Mental Health Conference, East Lansing, MI ([LINK](https://youtu.be/0Cyckdn2eCw))

2017 "Voices of Muslim Immigration from Then Until Now"

School of Social Work, Michigan State University

2017 Presented to the Committee meeting on Violence against Women, US Dept of Health and Human Services

2017 Presenter, Diversity Conference, College of Graduate Services, Michigan State University

2017 Speaker, Beaumont Health Ramadan Dinner

2017 Lecture on Globalization and Diversity

2017 Presenter, Suicide Prevention Faith based task force webinar

2017 Presenter Psych Medical Conference at Duke University

2017 Presenter Muslim Student Association, University of Chapel Hill

2017 Developed e-module Anti-bullying teaching tools

Department of Justice, United States Of America

2017 Presented on developing inclusive curriculum Muslim perspective

CLC (curriculum committee of osteopathic medical school)

2017 Presenter Joy Initiative, College of Osteopathic Medicine

2017 Presenter, MSU Muslim Studies Program, “American Muslim Women’s Ethical Labor in Post-Election United States”

2017 Student Mental Health Panel, College of Osteopathic Medicine, MSU

2016 Presenter, Diversity Researcher’s Panel, Michigan State University

2016 Culturally Sensitive Approach to Caring for Syrian Refugees, Training provided to Samaritas Clinic

2016 Imams First Aid Mental Health Training in Freiburg, Germany

2016 Presenter, AACAP on Challenges Faced by Muslim youth

2016 Presenter, International Research Forum on Diversity

2016 Speaker, Fastathon at Indiana State University

2016 Mental Health Panel for Medical Students, College of Human Medicine

2016 Mental Health of Imams, Islamic Scholar of North America

2016 Federal Bullying Prevention Summit, US Education Department ([LINK](https://youtu.be/Nx_GMFJeWfk))

2016 Mental Health Awareness, Islamic House of Knowledge

2016 Introduction to Research for Medical Students, College of Human

Medicine

2016 Universal Muslim Association of America 2016

Conference of Mahdi (AJTF) Chicago

2016 Briefing on Muslim Health Disparities

Center for Faith-based and Neighborhood Partnerships

US Department of Health and Human Services

2016 Trauma Training Workshop for Refugees and Health Worker

Muslim Unity Center- Detroit

2016 Religion, Education and Extremism: Indonesian/US Perspective

Conference, Asian Studies Center, Michigan State University

2016 Building Bridges: Expanding Our Knowledge of Diversity and Mental

Health in Community Colleges

2016 MHWA Spring Meeting-Marin County California

2016 Lecture, Trauma Informed Care for Refugees

College of Osteopathic Medicine, Michigan State University

2016 Global Health Initiative Group Physician and Research Panel

College of Human Medicine, Michigan State University

2016 Immigrant Children Health and Mental Health

School of Social Work, Michigan State University

2016 European Migration Crisis: A Two-Day Conference

German Section – Department of Linguistics & Germanic, Slavic, Asian, and African Languages, College of Arts and Letters, Michigan State University

2016 Eighth Muslim Mental Health Conference, Dearborn MI

2015 Panelist, “Community Faith Leaders Compassion, Fatigue and Resiliency” 52nd Annual Convention ISNA (Islamic Society of North America) ([LINK](https://youtu.be/N2B5uAJldkw))

2015 Seventh Muslim Mental Health Conference, Dearborn MI

2015 Panelist, Islamic Society of North America “Reclaiming the Muslim American Narrative” ([LINK](https://youtu.be/DYtHl8vZx5s))

2014 Faith Based Mental Health Initiative-Member Steering Committee

American Psychiatric Association

2014 Sixth Muslim Mental Health Conference

2014 Panelist, SAKS institute-Many Voices One Vision, Cultural Competence & Campus Mental Illness ([LINK](https://youtu.be/HkCqR-oJTik))

2013 Participant Pimsler’s Art for Medicine Workshop:

"Transforming the Doctor-Patient Relationship"

2013 One Health Summit, Global Risk Forum

2013 Presenter, lecture for Joy Initiative, College of Osteopathic Medicine, MSU

2013 Speaker, Faculty Panel on Open Access

2013 Speaker, Lecture on Refugee Health, College of Human Medicine, Michigan State University

2013 Presenter, Introduction to Muslim Mental Health Initiative

Muslim Studies Program, Michigan State University

2013 Speaker, lecture “Key to Building a Healthier and Resilient Community”

INPEP-International Neurology Psychiatry Epidemiological program

2013 Hosted, Brothers One Book One Community Movie Night, MSU Library

2013 Fifth Muslim Mental Health Conference

2012 Organizer, Fourth Annual Muslim Mental Health Conference

2011 Panelist & Organizer, Third Annual Muslim Mental Health Conference, “Resiliency in Muslim American Students” ([LINK](https://youtu.be/anLG_oWghFE)) ([LINK](https://youtu.be/Dwsq33mKREs))

2010 Presenter, Institute of Psychiatric Services workshop, Boston

“Cultural and Linguistic Matching Patient to Provider: Pros and Cons”

2010 Speaker, “Dealing with Muslim Patient Population”

Counseling Center, Michigan State University

2010 Speaker, “Dealing with Muslim Patient Population”

Olin Student Health Center, Michigan State University

2010 Second Muslim Mental Health Conference, Speaker: “Why it Matters:

Addressing the Myths & Realities of the Relationships among Mental Health, Violence and Muslims”

2009 Introduction of guest speakers at film presentation: “Inside Islam: What a Billion Muslims Really Think?”, Michigan State University

2009 Speaker, Peers Day, GMEI, “Culture Matters” East Lansing, MI

2009 Speaker, Annual Psychiatric Association Workshop, San Francisco, CA “Impact of Immigration”

2009 First Muslim Mental Health Conference, Speaker: “Islam and Medicine: A Mental Health Perspective”, University Club, East Lansing, MI

2009 Panelist, “What Dream Was Pakistan Built On?” Pakistan Student Association, Michigan State University

2009 Founder and Speaker, Substance Abuse Awareness Day University Club, East Lansing, MI

2009 Host and facilitator, “Refusing to be Enemies - The Zeitouna Story” Sponsored by ACCEPT, Michigan State University

2009 Speaker, Cultural Competency Lecture St. Lawrence/Sparrow Health Services, Lansing, MI

2009 Psychiatry Ground Rounds: “Rwandan Tutsi Genocide: Telling the Story” Presented by ACCEPT, Michigan State University

2008 Speaker, “Dealing with Arab-American Patient Population” Building Cultural Bridges in Health Care: Strength in Diversity National Arab American Nurses Association Convention, Detroit, MI

2008 Poster Presentation: “Patterns and Prevalence of Opioid Dependence “ Institute of Psychiatric Services, Chicago, IL

2008 Host, Conversations with Lauren Brown, MD “Fat Politics: A Health at Every Size Approach to Body Acceptance” Sponsored by ACCEPT, Michigan State University

2008 Leadership Training Workshop: Component meeting for Minority Affairs Washington, DC

2008 Speaker, Diversity Lecture: “All in the Family: Insight into Judaism and Islam” Sparrow Health System, Lansing MI

2008 Presenter, 31 Michigan Family Medicine Research Day

(1) “Concurrent HTN Impedes Antidepressant Treatment Response” and (2) “Patterns and Prevalence of Opioid Dependence”

2008 Presentation: (1) “Concurrent HTN Impedes Antidepressant Treatment Response”, and (2) Poster Presentation: “Patterns and Prevalence of Opioid Dependence” GMEI, Lansing Research Day, Michigan State University

2007 Speaker, “Impact of Immigration on Mental Health in Muslim Populations of Michigan”, WFMH Conference on Transcultural Mental Health- Changing World: Building a Global Response, Minnesota, MN

2007 Poster Presentation: 59th Annual Institute on Psychiatric Services, Encephalitis Lethargica: A Case Study

2007 Poster Presentation: GMEI, Lansing Research Day**,** “Encephalitis Lethargica: A Case Study”

2007 Speaker, Black History Month, “Dreams Don’t Die” St. Lawrence/Sparrow Health Services, Lansing, MI

**Professional Societies Service and Committees**

2020 Member, Gallin Award committee for GENCEN/MSU

2020 Member, Interview Committee for associate director CAPS/MSU

2019-20 Member, Bylaws Review Committee for MSU College of Human Medicine

2018 Member, Council on Minority Mental Health and Health Disparities-

American Psychiatric Association

2018 Member, Chester M. Pierce Human Rights Award Committee-

American Psychiatric Association

2009-18 Member Mayor’s Ramadan Dinner Committee ([LINK](https://youtu.be/0-YtJuKxxkc))

2011 Member Community Conversations Committee  Office for Inclusion and Intercultural Initiatives, Michigan State University

2011-12 Information Secretary, Pakistan Association of America, Secretary

2008 President Elect, Resident Chapter, Michigan Psychiatric Society

2001 Director, Pakistan Chapter Global Hope Makers

1999–2000 Secretary General, Project Mercy International, Hyderabad, Pakistan

**Professional Society Memberships**

American Psychiatric association – 2010-ongoing

South Asian Women Association 2016-ongoing

Michigan Psychiatric Society, Legislative Representative- 2007

Michigan State University CRIB- 2007

American Psychiatric Association, since 2006

Ingham Foundation Fundraising Committee, since 2004

Contributor Michigan Public Radio –Minding Michigan Segment with Cynthia Canty, State Side

**Teaching**

2020 Cultural Psychiatry Lectures-Psychiatry Department, Michigan State University

2019 Cultural Psychiatry Lectures-Psychiatry Department, Michigan State University

2018 Cultural Sensitivity Lectures for Advanced Skills and Knowledge

College of Human Medicine, Michigan State University

2018 Advisor on PhD Dissertation Committee for Sudha Sankar

Human Development and Family Therapy

2017 Cultural Psychiatry Lectures-Psychiatry Department, Michigan State University

2016 Advisor on PHD-Dissertation Committee for Reham Gassas

Human Development and Family Therapy, Michigan State University

2016 HM 534: Neurology for CHM

2016 Cultural Psychiatry Lectures-Psychiatry Department, Michigan State University

2015 HM534: Neurology for CHM

2015 Cultural Psychiatry Lectures-Psychiatry Department, Michigan State University

2014 HM534: Neurology for CHM

2014 Cultural Psychiatry Lectures-Psychiatry Department, Michigan State University

2013 Advisor on PHD Dissertation Committee for Zain Shamoon

Human Development and Family Therapy, Michigan State University

2013 HM516: CHM

2013 HM534: Neurology for CHM

2013 OST 577: Behavioral Health

2013 HM534-11: Clinical Skill IV

2012 OST 536: Cultural Competence and Health Disparities Panel

2009 OST 536: Cultural Competence and Health Disparities Panel

2009 Diversity Seminar: Providing Culturally Appropriate Care to Muslim Patient Populations

2009 OST 590: Health Disparities and Multicultural Medical Skills

2009 Psychopharmacology Seminar: Cultural Formulation

2008 Lecture: “A Case of a Father and Three Women” Students’ and Trainees’ Association (SATA) of the Michigan Psychoanalytical Institute

2008 Lecture: “Neuropsychiatry”

College of Osteopathic Medicine, Michigan State University

2008 Lecture: Cultural Competency Panel  College of Osteopathic Medicine, Michigan State University

2008 Speaker, Journal Club: “Psychosis and Spirituality”

2008 Speaker, “ACCEPT: A Cultural Competence Education and Practicing Track”

2008 Speaker, Journal Club: “Impact of Pornography on Families”

**Other Service**

2021 Member, Mental Health First Aid (MHFA) Research Advisory Group

2021 Member, Biden Transition Team’s Health & Human Services Stakeholder Liaisons

2018 Art For Healing event with National Alliance of Mentally Ill

2005 – 2012 Research Associate, International Neurologic and Psychiatric Epidemiology Program (INPEP)

2012 Core Faculty, International Neurologic and Psychiatric Epidemiology Program (INPEP)

2008  Founder, A Cultural Competence Education and Practicing Tract (ACCEPT), Michigan State University

2006 Designed Malawi Human Subject Research Booklet for INPEP, with MSU Committee on Research Involving Human Subjects

**Community Service Activities**

2016-18 Member Greater Lansing Chapter of United Nation

2016-17 Organizing Committee, Mayors’ Ramadan Unity Dinner, Lansing MI

2009 Instituted “Excellence in Diversity Award”

Islamic Society of Greater Lansing, MI

2008 Organizer, Dream Girl Benefit Gala Women’s Center of Greater

Lansing

2004 Organizer, Dr. Tim Francesco Bilateral Lung Transplant Fundraiser

2001 Spokesperson for Rep. Paul DeWeese - Global Outreach and Islamic Awareness Programs

2001 Speaker, Bureau of Citizenship and Immigration Services

2001 Speaker, Bureau of International Speakers

**Publications**

2020 Co-author, “Adapting and Innovating to Promote Mental Health and Emotional Well-Being of Young People of Color: COVID-19 and Beyond,” A Report from The Steve Fund Crisis Response Task Force ([LINK](https://www.stevefund.org/wp-content/uploads/2020/09/CRISIS-RESPONSE-TASK-FORCE-STEVE-FUND-REPORT.pdf))

2019 “Muslim Women’s Ethical Engagement and Emotional Coping in Post-

Election United States,” *Journal of Muslim Mental Health,* Vol 13 (1) ([LINK](https://doi.org/10.3998/jmmh.10381607.0013.103))

2019 “Stigma Associated with Seeking Mental Health Care in Muslim Families,” *Journal of the American Academy of Child & Adolescent Psychiatry*. 58. S62. 10.1016/j.jaac.2019.07.952. ([LINK](https://www.jaacap.org/article/S0890-8567(19)32078-7/fulltext?rss=yes))

2016 “Crisis of Faith Or Mental Illness?” *Journal of the American Academy of Child & Adolescent Psychiatry*, 55.10.S22.10.2016/ j.jaac.2016.07.522 ([LINK](https://www.jaacap.org/article/S0890-8567(16)30871-1/abstract))

**Media**

2020 Al-Jazeera’s The Stream, “Has 2020 tested our faith?” ([LINK](https://youtu.be/lT1Jp5TzIao))

2020 New York Daily News, “It’s not just COVID canceling Thanksgiving, it’s family fights over Trump too” ([LINK](https://www.nydailynews.com/news/national/ny-not-just-covid-canceling-thanksgiving-this-year-but-trump-too-20201126-y7bm34f4zzbqndd2pmseyi5gra-story.html))

2020 NewsPoint360, “Islamophobia in the United States During the Trump Era” ([LINK](https://youtu.be/NJiFstyZrQI))

2020 Yahoo! News, “Youth suicide rates were escalating pre-pandemic. Here's how to keep the coronavirus crisis from making it worse” ([LINK](https://news.yahoo.com/how-the-coronavirus-pandemic-could-affect-youth-suicide-rates-130015185.html))

2020 New York Daily News, “Election anxiety is through the roof, experts say. So what can we do?” ([LINK](https://www.nydailynews.com/news/politics/us-elections-government/ny-election-exhaustion-is-a-mental-health-crisis-experts-say-20201104-wv2ckob4lvanpfbcdxfd2mzfwq-story.html))

2020 Berkley Center for Religion, Peace and World Affairs at Georgetown University, “A Prayer, Prozac, or Both: Navigating Faith-Based Mental Health” ([LINK](https://berkleycenter.georgetown.edu/responses/a-prayer-a-prozac-or-both-navigating-faith-based-mental-health?fbclid=IwAR2Z3K-DnIN_VMGkLWo-JAkUG7Z8dnWCBkBA3qW3ZjnPZKi1I6xBrsfIu8Y))

2020 Michigan State University Spartan DO Expert Take ([LINK](https://com.msu.edu/info/news/spartando-expert-take/spartando-expert-take-2020-05))

2020 Fox News 47, “Help loved ones combat loneliness during isolation with these 5 tips” ([LINK](https://www.fox47news.com/news/local-news/help-loved-ones-combat-loneliness-during-isolation-with-these-5-tips?fbclid=IwAR0QNMdsM5XGYfTE_8zSPn6s2CaN61Myih8C_xI6ijaUY0Wf5JhjOokzEpo))

2020 Masslive.com, “Multiple layers of stress and anxiety’: faith leaders talk about the impact of racial injustice, coronavirus pandemic on communities, leaders ([LINK](https://www.masslive.com/news/2020/06/multiple-layers-of-stress-and-anxiety-faith-leaders-talk-about-the-impact-of-racial-injustice-coronavirus-pandemic-on-communities-leaders.html))

2020 MSUToday, “MSU Experts Addressing Critical Issues For Mental Health Awareness Month” ([LINK](https://msutoday.msu.edu/news/2020/msu-experts-addressing-critical-issues-for-mental-health-awareness-month/))

2020 MSUToday, “Muslim Mental Health Conference Goes Global” ([LINK](https://msutoday.msu.edu/news/2019/muslim-mental-health-conference-goes-global/))

2020 Religion News Service, “Faith leaders try to combat stigma of mental illness, suicide” ([LINK](https://religionnews.com/2020/01/06/faith-leaders-try-to-combat-stigma-of-mental-illness-suicide/))

2020 Salaam Gateway, “Muslim mental wellness: Retain core religious values to get through Ramadan in lockdown, say health professionals” ([LINK](https://www.salaamgateway.com/story/muslim-mental-wellness-retain-core-religious-values-to-get-through-ramadan-in-lockdown-say-health-pr))

2019 NPR All Things Considered, “Coping With The Persistent Trauma Of Anti-Muslim Rhetoric And Violence” ([LINK](https://www.npr.org/2019/03/19/704893569/coping-with-the-persistent-trauma-of-anti-muslim-rhetoric-and-violence))

2019 Psychology Today, “How Muslim Americans Are Fighting Mental Health Stigma” ([LINK](https://www.psychologytoday.com/us/blog/brainstorm/201904/how-muslim-americans-are-fighting-mental-health-stigma))

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