

**The Norbert B. Enzer, MD**  
**Endowed Lectureship in Psychiatry**  
*presents*

**Donald Meichenbaum, PhD**

*speaking on*

**“Resilience across the Lifespan”**

**Thursday, September 29, 2016**  
**2:30-3:30 p.m.**

**The James B. Henry Center**  
Room A169 (amphitheater)  
3535 Forest Road, Lansing, MI 48910 (517) 353-4350

*Light refreshments will be provided*



**DONALD MEICHENBAUM, PHD**, is a noted psychologist and distinguished professor emeritus from the University of Waterloo in Ontario, Canada from which he took early retirement 20 years ago to become research director at the Melissa Institute for Violence Prevention in Miami, Florida ([www.melissainstitute.org](http://www.melissainstitute.org)).

He is one of the founders of cognitive behavior therapy and in a survey of clinicians, he was voted "one of the ten most influential psychotherapists of the 20th century." He has received many accolades including a Lifetime Research Achievement Award from the Clinical Division of the American Psychological Association and he was Honorary President of the Canadian Psychological Association.

He has presented workshops in all 50 U.S. States and internationally and consulted to psychiatric facilities on the impact of trauma and a variety of child, adolescent and adult clinical issues. He presently consults for a Traumatic Brain injury Center and for Addiction Treatment Centers. He has published extensively and his latest book is "Roadmap to Resilience" ([www.roadmaptoresillience.org](http://www.roadmaptoresillience.org)) His presentations are noted for the combination of critical-mindedness, clinical perspicacity and humor.