

### **St. John-Providence/Brighton Hospital Addictions Medicine Rotation**

- a. This is a 2 four-week block rotation usually done in the PGY-2 year. Residents work on both the inpatient services and through outpatient services. They gain experience in assessment, acute detoxification, inpatient rehabilitation, partial hospital programs, outpatient treatment, AA, NA, and trauma focused groups.
- b. Staffing includes 2 full-time psychiatrists with specialization in addictions medicine. Psychiatric nurses, substance abuse counselors and therapists also staff the unit.
- c. Residents spend approximately 5 hours in seminars at MSU, and 2 hours in additional supervision off the unit.
- d. St. Johns Providence/Brighton Hospital admits patients with private insurances, those with Medicare or Medicaid and those with no means to pay. The population consists of both male and female patients, with the majority being male (65%). The majority age is 25 on average. The patients age ranges from 18-75. 18-25 year olds make up the majority at 36%, followed by 46-55 year olds at 21%. The majority of patients are of Caucasian/European decent (93.5%), African American are the second largest ethnic group treated (5.3%). The remainder of patients are Hispanic, Arabic, Asian and other. The primary diagnoses treated include alcohol withdrawal and dependence, opiate withdrawal and dependence and poly substance withdrawal and dependence. Length of stay is at Brighton Center for Recovery is approximately 12 days.
- e. The average caseload is 6-8 patients on the inpatient unit
- f. Residents have daily rounds with the teaching physician. They attend group therapy sessions. All PGY-2 residents have required individual supervision twice weekly with their psychiatry supervisors.
- g. Residents may return for elective rotations. This unit emphasizes acute detoxification and rapid movement to outpatient treatment. Twelve step programs are integral to treatment.