

MSU Psychiatry Clinic

- a. This is a thirteen to fifteen 4-week block rotation beginning near the end of the PGY-2 year and extending through the entire PGY-3 year. Residents spend approximately 50% of their time at the MSU Psychiatry Outpatient Clinic and 50% at the Clinton-Eaton-Ingham Community Mental Health Center (CEI) Outpatient Clinic. Some residents may spend less time in the CMH. Residents who will be doing child and adolescent psychiatry residencies beginning in the PGY-IV year will do one full year of outpatient services. PGY-IV residents continue to carry some outpatients through the remainder of their PGY-IV year as an outpatient continuity clinic experience. The MSU experience emphasizes a variety of psychotherapies with higher functioning patients who may or may not be on medications. Much of the population of the clinic consists of MSU students and patients referred from the community or self-referred.
- b. Faculty staffing includes the following: Faculty staffing for the general outpatient clinic includes one full time psychologist who is clinic director and 8 other faculty psychiatrists covering the clinic in rotation providing resident supervision. Three faculty psychologists all provide psychotherapy supervision. The psychiatry faculty members preferentially observe PGY-2 residents and residents early in the PGY-3 year. They will also directly observe as many patients with insurances requiring direct supervision as possible. Residents also attend a check out session with the clinic teaching physician at the end of the clinic day. Residents have two supervisors with whom they meet weekly. Residents will take some outpatient cases to these supervisors for supervision of continuing therapy. Supervisors include specialists in eating disorders, cognitive-behavioral therapy, psychoanalytically oriented individual therapy, geriatric psychiatry and child and adolescent psychiatry. These individuals are also available for consultation for all residents.
- c. Each resident attends 5 hours of weekly seminars at MSU. In addition, four 1 hour MSU Psychiatry Clinic conferences are held for clinic residents each Monday morning. These include: 1) a weekly intake case conference during which new cases are presented to faculty. 2) a psychoanalytically oriented continuous case conference, 3) a cognitive-behavioral case seminar and 4) a clinic "business meeting" in which residents discuss disposition of patients recently evaluated and receive financial data on their performance in the clinic.
- d. Demographics for patients in the MSU psychiatry clinic are 40% male, 60% female, 92% white, 20% African-American, 1% Hispanic, and 1% Asian. Diagnostic categories in the MSU Clinic include affective disorders, adjustment disorders, anxiety disorders and personality disorders. Residents are required to develop comprehensive assessment skills and provide ongoing psychotherapy services including long term dynamic psychotherapy, cognitive-behavioral therapy, and brief therapy modalities. Marital and family therapy services are also provided. A several month dialectical behavioral therapy experience is available on an elective basis during the clinic rotation.
- e. The average number of patients seen for various types of psychotherapy is 10-15/resident. They will follow approximately 5-10 patients for medication management with 10 total clinical hours in the MSU clinic. Another 12 hours are spent at the community mental health center. Each resident averages 5 new assessments a month.
- f. Each resident assigned to the outpatient rotation participates in the Monday morning outpatient seminars. Each resident has 2 additional hours of individual supervision with their psychiatry supervisors. In addition, each patient seen in the clinic is either observed by a faculty member or staffed with a faculty member at the time of service. Informal supervision and telephone consultation are provided as needed.