

Clinton-Eaton-Ingham Community Mental Health Center Outpatient Clinic

- a. Residents do ten to fifteen 4-week blocks in a required rotation that begins at the start of the PGY-2 year and runs throughout the entire PGY-3 year. Residents who will be doing child and adolescent psychiatry residencies beginning in the PGY-4 year will do one full year of outpatient services. During the outpatient rotation most residents spend approximately 50% of their time at the Clinton-Eaton-Ingham Community Mental Health Center Outpatient Clinic and 50% in the MSU Psychiatry Clinic. Patients seen in the Clinton-Eaton-Ingham Community Mental Health Center Outpatient Clinic have severe and chronic mental illnesses. A large proportion of these patients have had hospitalizations on the Sparrow Health System St. Lawrence Campus Adult Psychiatry Unit. Residents at times have the opportunity to see patients they may have cared for on the Adult Psychiatry Unit. Some residents will also see an older adult population. Opportunities exist for residents to work with an Assertive Community Treatment Team and a developmental disabilities population. Residents tend to be assigned less complex patients early in their rotation in the outpatient clinic setting and as they gain experience they are assigned patients with more complex disorders and personality disorders.
- b. Faculty staffing at the Clinton-Eaton-Ingham Community Mental Health Outpatient Clinic includes 6 full time and 7 part-time psychiatrists. Residents are assigned to an individual teaching physician who follows all patients with them. Supervision is held weekly. Teaching physicians are on-site when residents are present seeing patients.
- c. Each resident attends 5 hours of weekly seminars at MSU that include topics related to the community mental health center patient population.
- d. In the Clinton-Eaton-Ingham Community Mental Health Outpatient Clinic the population is 50% male, 50% female, 85% white, 11% African-American, 3% Hispanic, and 6% Asian. Residents are required to perform initial evaluations, and treat a series of on-going patients with medication management and supportive therapy. Residents may treat patients seen previously on the Adult Psychiatry Unit. They will develop treatment plans in cooperation with a team including social workers, therapists and case managers. Each resident is assigned to a CMH treatment team. Diagnostic categories in the CMH outpatient clinic include schizophrenia, affective disorders, personality disorders and anxiety disorders. Patients within the Community Mental Health system are severely and chronically mentally ill and may be case managed.
- e. Residents will follow 10-20 patients a week for medication management.
- f. Each resident has one hour of formal supervision with a CMH teaching physician and will frequently see patients with the teaching physician. All PGY 2, 3 and 4 residents have required individual supervision twice weekly with their psychiatry supervisors.